

5.9 Immigrants and Health Disparities

Health disparities occur when different rates of specific health conditions exist between different population groups or when some population groups have noticeably worse outcomes for a specific health condition than other groups. Population groups might be based on race, gender, ethnicity, disabilities, sexual orientation, where one lives (rural vs. suburban vs. urban), or age. Contributing factors include socioeconomic or environmental differences between groups, like differences in health literacy, education, income, access to nutritious foods and safe housing, and access to health information and health care.

The following links present more information on health disparities, including related terms, contributing factors, and disparity statistics for different racial and ethnic groups.

- [**Centers for Disease Control and Prevention: Minority Health: Racial and Ethnic Minority Populations**](#)
This page links to pages for different racial and ethnic groups that provide information on ten leading causes of death for each group, health disparities the group experiences, high prevalence health issues for the group, and group health statistics.
- [**HealthyPeople.gov: Disparities**](#)
From the U.S. Department of Health and Human Services, this simple article explains key terms relating to health disparities.
- [**Medical Care Research and Review \(MCR&R\): Can Cultural Competency Reduce Racial And Ethnic Health Disparities? A Review and Conceptual Model**](#)
This 2000 article was written by Cindy Brach and Irene Fraserirector of the Agency for Healthcare Research and Quality.
- [**MedlinePlus: Health Disparities**](#)
This website includes links to many resources on health disparities in general and how they impact specific population groups in the U.S.
- [**Robert Wood Johnson Foundation: Disparities in Health Care Persist**](#)
This simple infographic explains health care disparities, what we know about what works to decrease these disparities, and how the Affordable Care Act seeks to address them.

