

## 5.5 Health Care Access

Health care access entails having the knowledge and resources to find a care provider:

- that you are qualified to use,
- that is skilled to treat the conditions you have,
- that you can get to or that can come to you,
- that you can afford,
- that has an opening for a new patient, and
- that communicates in a language that you can understand or uses an interpreter so that you can understand.

Health care access also refers to being able to afford and obtain necessary medications.

### Information on Finding a Clinic in Virginia

- [Northern Virginia Health Services Coalition: Find a Clinic](#)  
This search form locates low-cost clinics in Northern Virginia.
- [Virginia Department of Health, Office of Minority Health: Navigating through the U.S. Health Care System for Immigrants, Refugees and Migrants](#)  
This document lists clinics, hospitals, and other health care resources in Virginia with tips for Virginia's newcomers.
- [Virginia Health Care Foundation: Looking for Help?](#)

### Information on Prescription Assistance Programs

The following programs help connect uninsured patients with low-cost pharmaceuticals.

- [NeedyMeds](#)  
This resource provides links to patient assistance programs, drug coupons, and government programs.
- [Partnership for Prescription Assistance](#)  
This organization helps patients without prescription drug coverage to get the medicines they need.



- [\*\*RxAssist\*\*](#)  
Users can search this database to find out whether there is assistance available for medicines they take; most brand-name drugs are included.

## **Multicultural Health Care and Social Service Providers in Virginia**

- [\*\*211 Virginia\*\*](#)  
This social service referral service offers information in English or Spanish.
- [\*\*CLAS Act Virginia: Multicultural Health and Human Service Providers in Virginia\*\*](#)
- [\*\*Northern Virginia Family Service: Multicultural Human Services\*\*](#)
- [\*\*Virginia Department of Social Services: \*Multi-Cultural Resources in Virginia\*\*\*](#)

## **Rural Health**

- [\*\*Mid-Atlantic Telehealth Resource Center: What is Telehealth?\*\*](#)
- [\*\*National Rural Health Association: What's Different About Rural Health Care?\*\*](#)
- [\*\*Rural Assistance Center: Mental Health Frequently Asked Questions\*\*](#)
- [\*\*Virginia Department of Health: State Office of Rural Health\*\*](#)

## **Medical Interpretation**

- [\*\*Blue Ridge Area Health Education Center \(AHEC\) Interpreter Services\*\*](#)
- [\*\*CLAS Act Virginia: Commonly Used Clinical Phrases\*\*](#)  
This site lists many English questions and statements used by health care providers along with their written translations into multiple languages and audio recordings of the questions and statements in multiple languages (but not English).

- **[Diversity Rx: Interpreter Practices and Training](#)**  
This page lists online resources for a wide variety of issues relating to medical interpretation.
- **[Northern Virginia Area Health Education Center \(NV AHEC\)](#)**  
This center provides interpreter and translation services in Northern Virginia.
- **[University of Minnesota: Working with Interpreters](#)**  
This guide provides background information on medical interpretation as well as case examples; challenges of interpretation; and roles of interpreter, care provider, and LEP patient in interpretation scenarios.
- **[U.S. Department of Health and Human Services, Office of Minority Health \(2001\): National Standards for Culturally and Linguistically Appropriate Services in Health Care: Final Report](#)**
- **[U.S. Department of Health and Human Services, Office of Minority Health \(2013\): The National CLAS Standards](#)**
- **[U.S. Department of Justice: Executive Order 13166: Commonly Asked Questions & Answers Regarding Executive Order 13166](#)**  
This executive order further explains Title VI of the Civil Rights Act of 1964, also known as the “interpreter law.”
- **[U.S. Department of Justice: Title VI of the Civil Rights Act of 1964](#)**  
Known informally as the “interpreter law,” this act mandates that recipients of federal funding in health care and other arenas must provide interpretation for clients who request it, free of charge.

