

## 3.16 Medication List Form

### To the teacher:

Medication safety is a **huge** issue in the United States, with an estimated 1.5 million people in the U.S. harmed by medication errors annually at a cost of several billion dollars in care for those harmed. Limited English puts people at higher risk for misunderstanding already complicated English-language medication instructions. People who take multiple medications, such as the elderly and chronically ill, are also at greater risk of medication errors.

The medication charts on the following pages may be used for practice with your students. Learners can read through the two examples provided on the first chart and fill in additional medications that they take or sample medication information that you provide. You can look up dosing information for common medications at [MedlinePlus.gov](http://MedlinePlus.gov) under "Drugs and Supplements." Note that not every medication has information that fits logically under all the columns. Feel free to:

- Give learners multiple copies of the handout to practice with at home. Medication information is complicated and takes a lot of practice to work with if you are not used to it.
- Increase spacing in boxes to give learners more room to write.
- Remove some columns to simplify demands on beginner learners.

### Resource

#### Preventing Medication Errors: Quality Chasm Series

This [2006 report from the Board of Health Care Services](#) of the Institute of Medicine of the National Academies is available online.



## My Medication List

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name of medicine:	Date I started taking it:	Color and shape:	What is it for?	Dose:	How often do I take it?	What time(s) do I take it?	Do not take it with:
Example: <i>Advil</i>		<i>red round</i>	<i>back pain</i>	<i>1 pill 200 mg</i>	<i>When I need it for pain Every 6 hours</i>		
Example: <i>amoxicillin</i>	<i>1/1/13</i>	<i>pink oval</i>	<i>antibiotic</i>	<i>250mg</i>	<i>3 times a day For 2 weeks</i>	<i>Mealtimes</i>	





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